



**DUPAGE CHIROPRACTIC  
CENTRE, LTD.**

DR. SALLY A. PEPPING  
DR. DON MERTES

If your injuries were the result of a car accident or work injury, please notify the front desk for additional paperwork or download the additional paperwork from our website [www.dupagechiropractic.com](http://www.dupagechiropractic.com).

We would like to thank you for choosing our office. We know that when it comes to health care that finding the right fit is a personal choice. We want you to know that we will do our very best to exceed your expectations.

It is important that you are able to fill out the following forms as truthfully and accurately as possible. Your answers, even if they do not seem relevant to your complaints, are the pathway to finding out what is happening with your health and what will be the best treatment program for you.

If you need any help with your paperwork, please ask one of our staff to help you.  
It is our privilege to assist you.

We look forward to helping you,

Dr. Sally A. Pepping, D.C.

Dr. Don Mertes, D.C

And Staff

**PAIN MANAGEMENT • MASSAGE • PHYSICAL THERAPY**



## Financial Policy

Our services at DuPage Chiropractic are covered under many insurance plans. Most of our patients that have health or accident insurance will fall under one of the plans discussed in this policy. We ask that you read and understand our policy as it applies to your particular situation.

**PATIENTS WITHOUT INSURANCE:** We request that 100% of the first visit be paid at the time of the visit unless other arrangements have been pre-arranged and agreed upon. We offer payment plans to make care affordable and obtainable.

**GROUP OR INDIVIDUAL INSURANCE:** It's our pleasure to have our billing department call to verify your insurance benefits. However, the benefits quoted to us by your insurance company are not a guarantee of payment. Your benefits will be discussed with you at your report of findings (second visit), and payment arrangements will be explained to you for any non covered services, deductibles, co-pays, or co-insurance.

**“ON THE JOB” INJURY (Worker’s Compensation):** If you are injured on the job, you will need to inform your employer of the accident and obtain the name and address of the carrier of their insurance. If your employer does not provide us with this information, if a settlement has not been made within three months, or if you suspend or terminate care, any fees and services are due by you immediately.

**PERSONAL INJURY OR AUTOMOBILE ACCIDENTS:** Please notify your auto insurance carrier of your visit to our office immediately. Notify our insurance department immediately if an attorney is representing you. Although you are ultimately responsible for your bill, we will wait for settlement of your claim for up to six months after your care is initiated. Once the claim is settled or if you suspend or terminate care, any fees for services are due by you immediately.

**MEDICARE:** We do accept assignment from Medicare. Our office completes and files the forms for Medicare at no charge.

**SECONDARY INSURANCE:** Please inform us of any secondary insurance you may have.

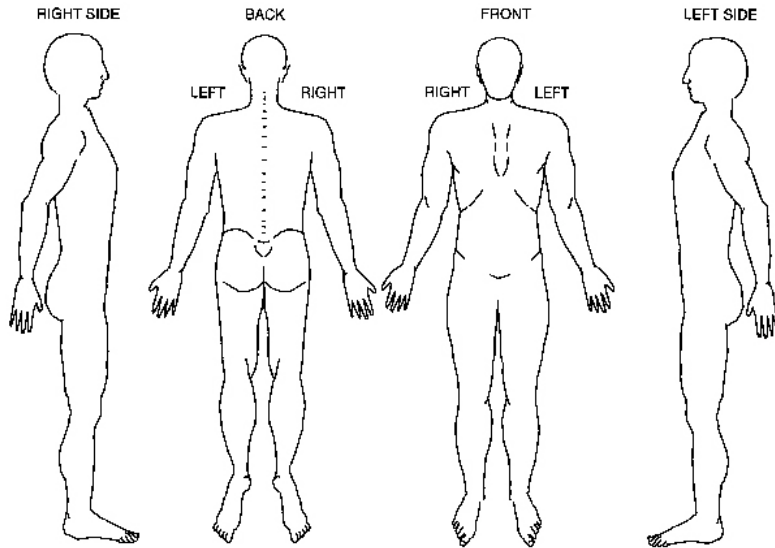
**HEALTH SAVINGS ACCOUNT (HSA) OR FEDERAL SAVINGS ACCOUNT (FSA):** Please inform us if you have one of these accounts.





# Intake Form - part 2

Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



Please Mark Where You Are Experiencing Symptoms:

	Comes/Goes	Constant
Low back pain	<input type="radio"/>	<input type="radio"/>
Mid back pain	<input type="radio"/>	<input type="radio"/>
Neck pain	<input type="radio"/>	<input type="radio"/>
Shoulder pain	<input type="radio"/>	<input type="radio"/>
Headaches	<input type="radio"/>	<input type="radio"/>
Hip pain	<input type="radio"/>	<input type="radio"/>
Arthritis	<input type="radio"/>	<input type="radio"/>
Knee pain	<input type="radio"/>	<input type="radio"/>
Foot pain	<input type="radio"/>	<input type="radio"/>
Heel pain	<input type="radio"/>	<input type="radio"/>

Have you **ever** had numbness/tingling?  No  Yes Where? \_\_\_\_\_  
Do you have a pace maker?  No  Yes

When did this complaint begin? \_\_\_\_\_ Is your complaint getting:  better  same  worse

Did this injury occur:  at work  auto accident  other

Please explain how this injury happened: \_\_\_\_\_

Have you been to a chiropractor before?  Yes  No When? \_\_\_\_\_

Type of pain:

Sharp  Dull  Throbbing  Numbness  Tingling  Aching  Shooting  Burning  Stiff  Other

Aggravated by:

Sitting  Standing  Walking  Bending  Sleeping  Sneezing/Coughing  Bowel Movement  Other

What makes it: Better? \_\_\_\_\_ Worse? \_\_\_\_\_

What have you done for it? (Hot packs, ice, stretching, etc) \_\_\_\_\_

Are you taking medications for this problem? \_\_\_\_\_

Treatment/tests done by other Dr.'s? (Please name them) \_\_\_\_\_

What is your occupation? \_\_\_\_\_

Children?  Yes  No

What would you like to accomplish through chiropractic care? \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_  
Name \_\_\_\_\_ Age \_\_\_\_\_  
Name \_\_\_\_\_ Age \_\_\_\_\_  
Name \_\_\_\_\_ Age \_\_\_\_\_

Other complaints? \_\_\_\_\_

How were you referred you to our clinic?  Friend  Family \_\_\_\_\_

Health Pass  Newspaper  Mailing  Sign  Ins Provider Listing  Other: \_\_\_\_\_

Internet  Our Web Site  Spinal Care Class  Health screening/which one? \_\_\_\_\_



# Intake Form - part 3

Name: \_\_\_\_\_ Date: \_\_\_\_\_

*Current History*

Current Medications: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Do you take blood thinners?  No  Yes If yes, type: \_\_\_\_\_

Vitamins, Herbs, Minerals: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Allergies: \_\_\_\_\_

*Social History*

Habits	None	Light	Mod.	Heavy
Alcohol				
Coffee				
Smoke				
Drugs				
Exercise				

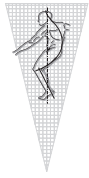
Habits	None	Light	Mod.	Heavy
Sleep				
Soda				
Salt				
Sugar				
Water				

*Past History*

Have you...	Y	N	If yes, explain briefly:
had hospitalizations or surgeries in the past 5 years?			
had any broken bones?			
ever had any sprains or strains?			
ever used orthotics?			
When was your last physical?			

*Family History*

Y	which relatives?	Y	which relatives?
	high blood pressure		arthritis
	high cholesterol		cancer
	scoliosis		stroke
	diabetes		thyroid disease



# Intake Form - part 4

Name: \_\_\_\_\_ Date: \_\_\_\_\_

If you have one or more of these symptoms, there's a 95% probability you'll benefit from a Bloodprint™ food sensitivity test.

Please place a checkmark at each of your symptoms and return the completed checklist to your physician. Be sure to include symptoms that you've learned to live with.

**Digestive Tract**

- Belching
- Bloating Feeling
- Constipation
- Diarrhea
- Nausea
- Passing Gas
- Stomach Pains
- Vomiting

**Ears**

- Drainage from ear
- Ear aches
- Ear infections
- Hearing loss
- Itchy ears
- Ringing in ears

**Emotions**

- Aggressiveness
- Anxiety/fear
- Depression
- Irritability/anger
- Mood swings
- Nervousness

**Energy & Activity**

- Apathy
- Fatigue
- Hyperactivity
- Lethargy
- Restlessness
- Sluggishness

**Eyes**

- Blurred vision
- Dark circles

- Itchy eyes
- Sticky eyelids
- Swollen eyelids
- Watery eyes

**Head**

- Dizziness
- Faintness
- Headaches
- Insomnia
- Lightheadedness

**Joint & Muscles**

- Aches in muscles
- Arthritis
- Feeling of weakness
- Limited movement
- Pain in joints
- Passing Gas

**Lungs**

- Asthma/Bronchitis
- Chest congestion
- Difficulty breathing
- Shortness of breath
- Wheezing

**Mind**

- Confusion
- Learning disabilities
- Poor concentration
- Poor memory
- Stuttering/stammering

**Mouth & Throat**

- Canker sores
- Chronic coughing
- Gagging

- Often clear throat
- Sore throat
- Swollen tongue/lips/gums

**Nose**

- Excessive mucous
- Hay fever
- Sinus problems
- Sneezing attacks
- Stuffy nose

**Skin**

- Acne
- Dermatitis
- Eczema
- Excessive sweating
- Flushing/hot flashes
- Hair loss
- Hives/rashes
- Itching

**Weight**

- Binge eating
- Compulsive eating
- Cravings
- Excessive weight
- Underweight
- Water retention

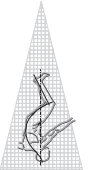
**Other**

- Anaphylactic reactions
- Chest pains
- Frequent illness
- Genital itch
- Irregular heartbeat
- Rapid heartbeat
- Urgent urination

Patient's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Office Use: Dx \_\_\_\_\_



Office Use Only

Immuno Bloodprint IgG ELISA Food Sensitivity Assay

- Immuno Bloodprint 154 (Comprehensive)
- Immuno Bloodprint 115 (Standard)
- Immuno Bloodprint 88 (Basic)
- Immuno Bloodprint 108 (Kosher)
- Immuno Bloodprint 104 (Vegetarian)
- 4 - Day Rotation Food Plan
- 2 - Day Rotation Food Plan
- Food Combining

TEST ALERT: If you select more than one test in this section one or more allergens could be duplicated between

panels.

- Between Food/Mold
- Pediatric Food/Mold
- Additional Food/Mold
- Environmental
- Pediatric - Environmental
- Northeastern Inhalant
- Southeastern Inhalant
- Northwestern Inhalant
- Southwestern Inhalant
- Western Inhalant
- Eastern Combo
- Southern Combo
- Western Combo

Additional Assays

- Anti-gliadin Antibody
- Helicobacter Pylori (H. pylori)
- Sub-Fractions (Egg-2)
- Total IgE

Reflex Assays

- Anti-gliadin Antibody
- Sub-Fractions (Milk 5)
- Tissue Transglutaminase Antibody (TG)
- IgE 36 - Standard Food/Mold
- IgE 36 - Pediatric Food/Mold
- IgE 36 - Additional Food
- IgE 36 - Environmental
- IgE 36 - Pediatric - Environmental

- IgE 36 - Northeastern Inhalant
- IgE 36 - Southeastern Inhalant
- IgE 36 - Northwestern Inhalant
- IgE 36 - Southwestern Inhalant
- IgE 36 - Western Inhalant
- IgE 36 - Eastern Combo
- IgE 36 - Southern Combo
- IgE 36 - Western Combo

Candida albicans

Sub-Fractions (Milk-5)

Tissue Transglutaminase Antibody (TG)